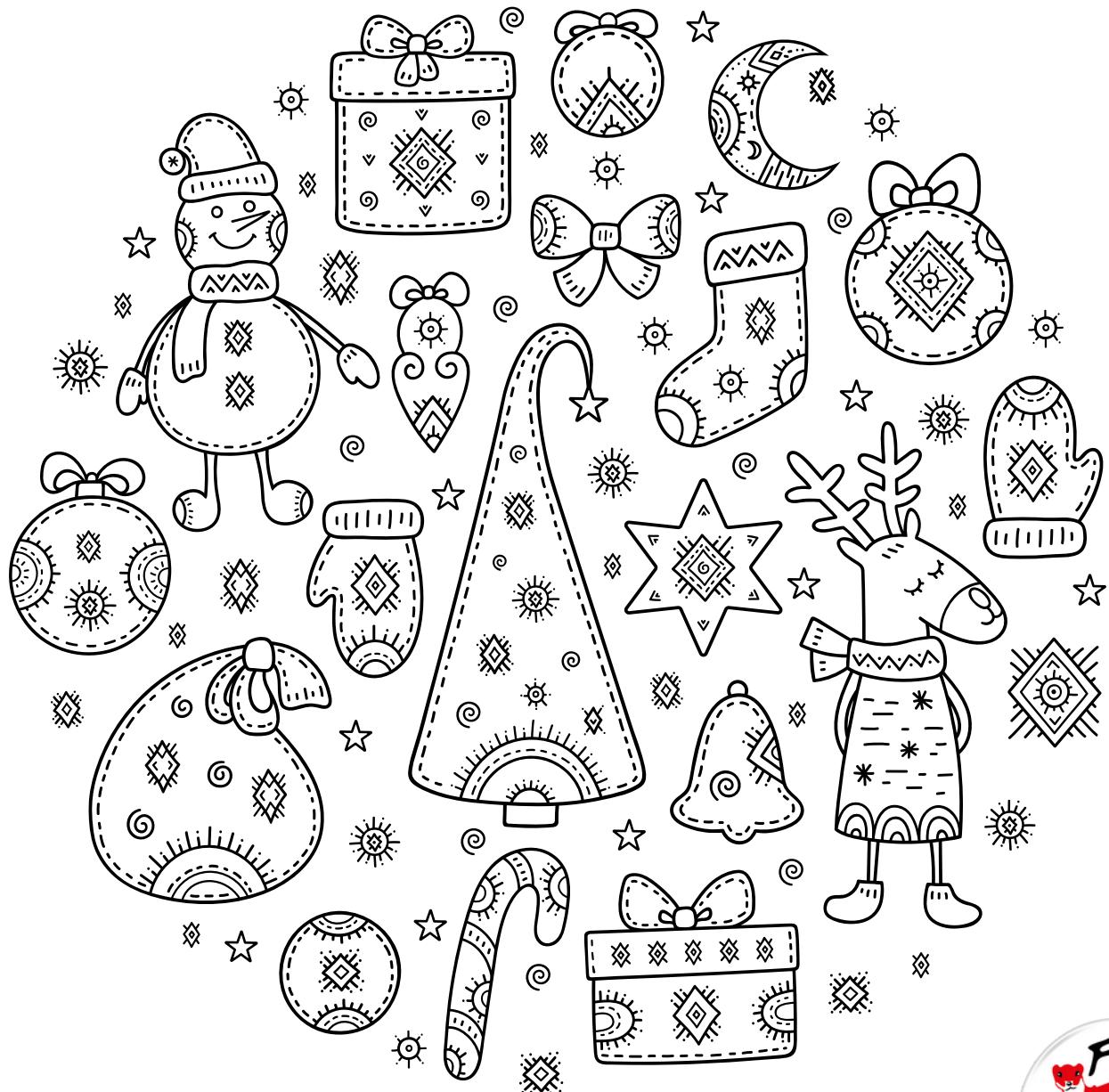


Animal Heroes

Activity Pack

December

Name: _____

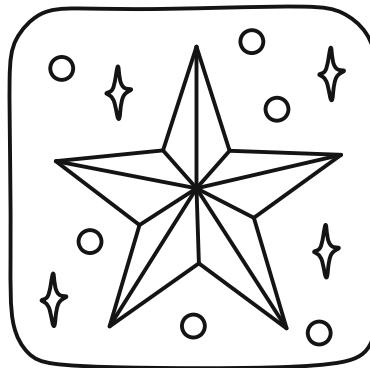
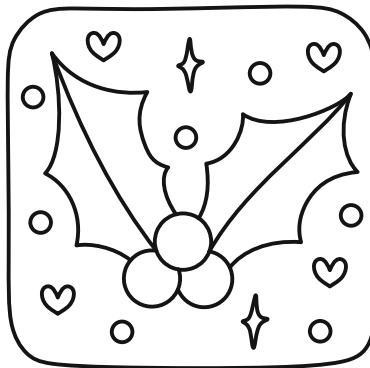
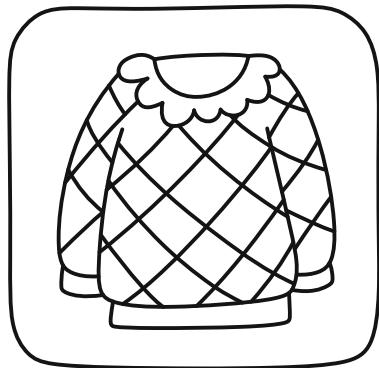
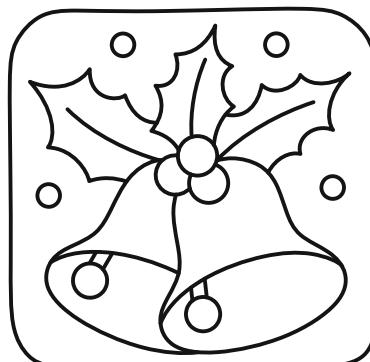
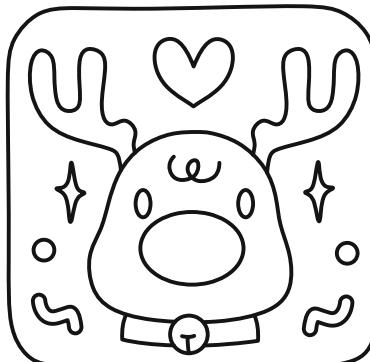
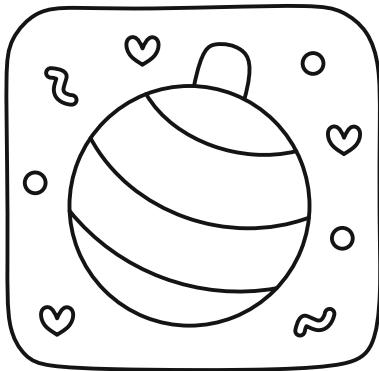


Festive Season

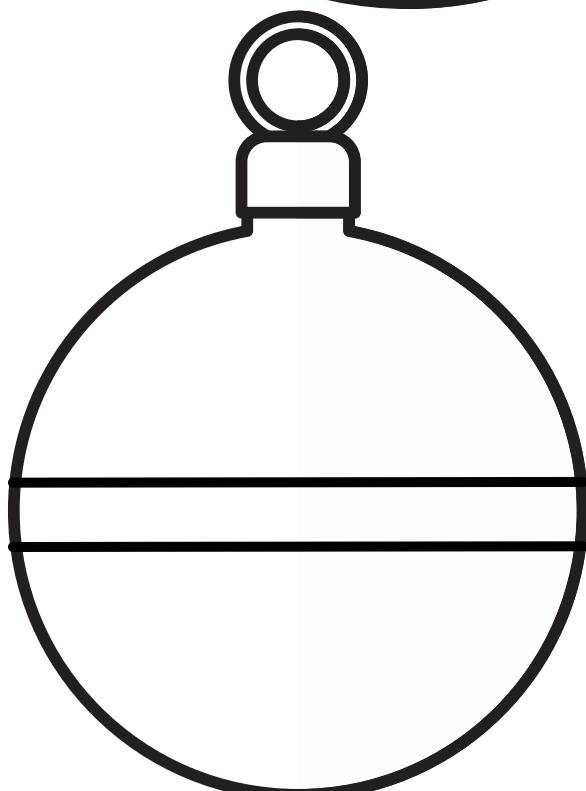
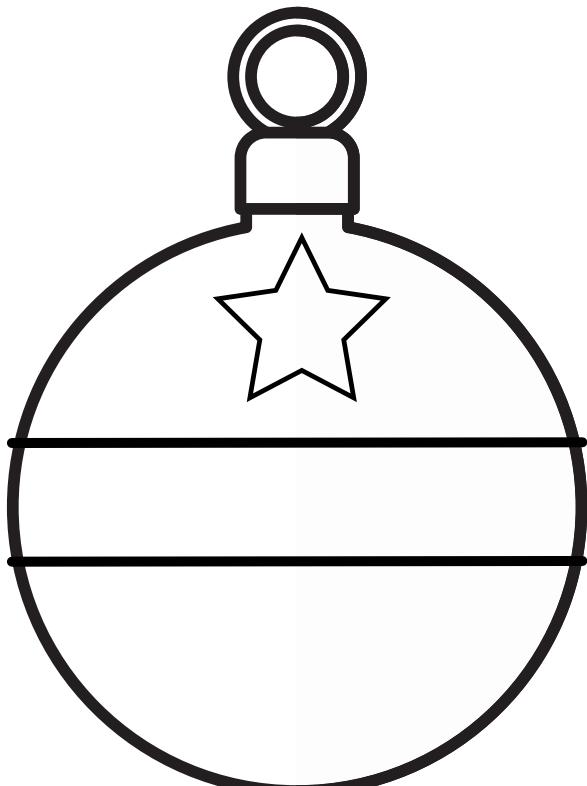
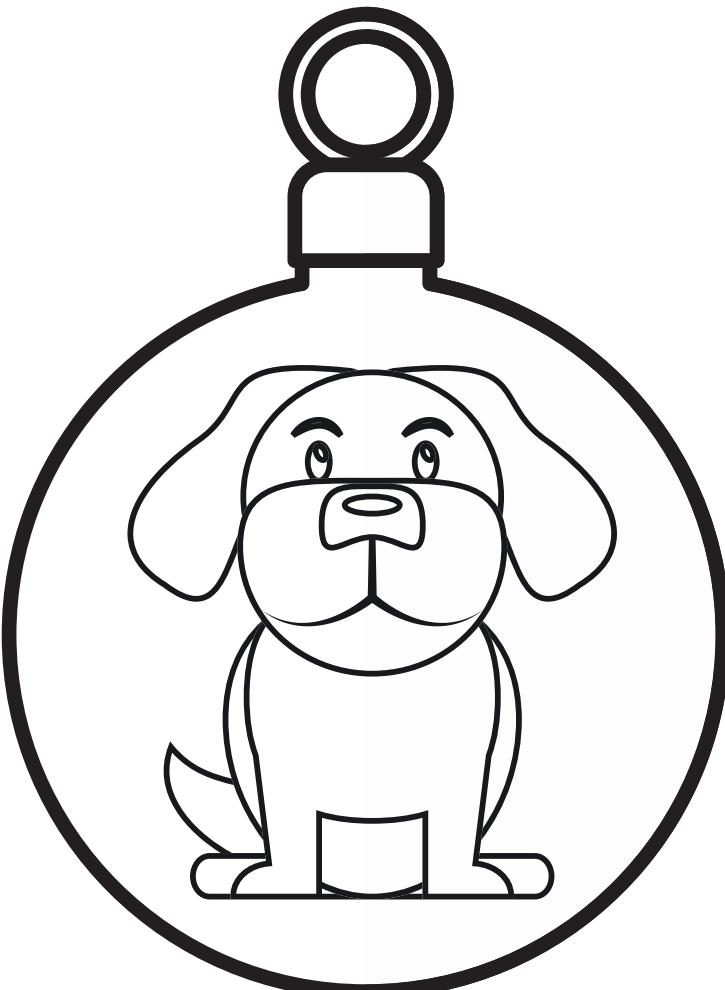
Hey kids! Can you believe it's December? Where did 2021 go? We hope you've had a great year and did many things that made the world a kinder place for animals. Whatever you are celebrating this December, and wherever you might be these holidays, you can have fun, see family and friends, and celebrate special days while living kinder for animals.

Tips on how to #LiveKinder this festive season:

- Animals are not gifts. Giving away an animal as a gift is giving away a life. Taking care of a new pet means you need food, space, time, money and be allowed to keep them.
- Wild animals are not toys or pets to be played with. Playing with and touching them is cruel and dangerous. Never visit places where petting and touching of them are allowed.
- Have your vet's telephone number up on the fridge where anyone can see it in case of an emergency – and if you are going on holiday or visiting family and taking your pet, make sure you know who the local vet is.
- Try and keep animals off your plate this festive season by making some delicious & animal friendly meals instead.



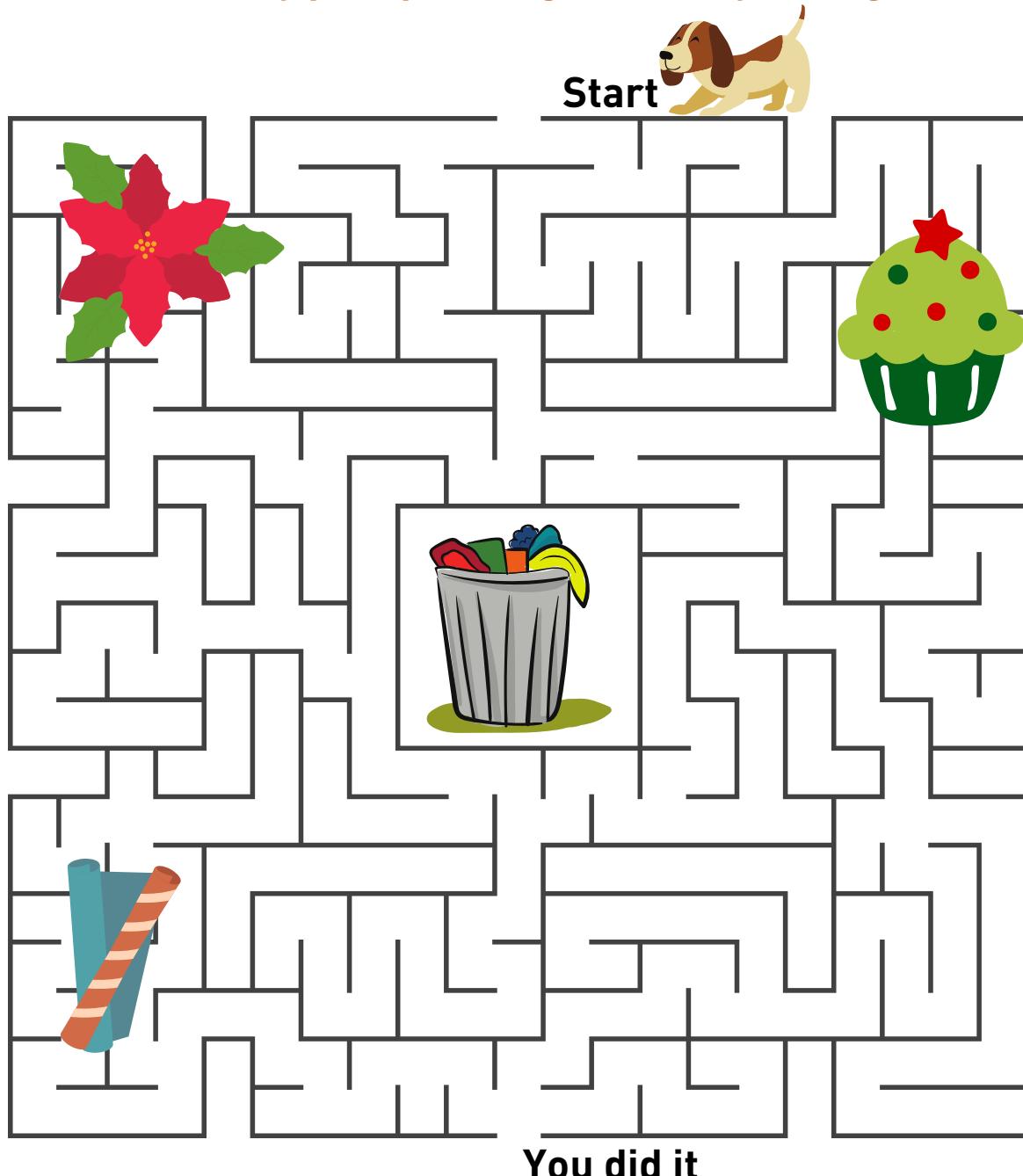
Colour and cut



Keep pets safe this holiday

- Keep your holiday food away from your pets! Foods with chocolate, xylitol (fake sugar), onions, garlic, macadamia nuts, alcohol, and raisins can be very dangerous to them.
- Make sure they can't reach mom or granny's pretty flowers! Red poinsettias (those pretty red flowers we often see in the shops in December) are dangerous to cats and dogs. The same goes for Peace Lillies.
- Keep your gift wrapping and tree decorations far away from your pets and only let them play with it while you are watching them. Strings, tinsel, glass ornaments, these are all things that can hurt them.
- Make sure they can't reach the food bins because splintering chicken bones or fine fish bones, plus spicy or creamy foods can make them sick and hurt their tummies.

Remember our holiday pet tips, and guide Lucky through the maze



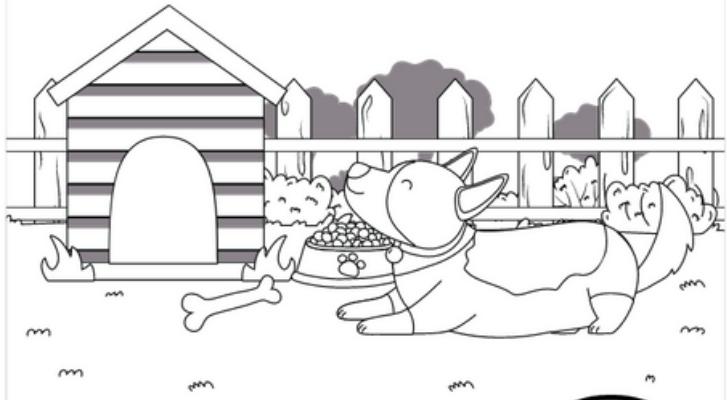
The Five Domains for Animal Welfare

Animal Welfare.
Worldwide.



1

GOOD NUTRITION – give animals the right amount and the right quality of fresh water and food to suit their needs and keep them happy.



2

GOOD ENVIRONMENT – give animals the environment they need, which means a suitable place to rest and get shelter, and which is not stressful or gives them a negative emotional experience.



3

GOOD HEALTH - try to prevent any disease or injury, and if it does happen, have it treated quickly and as stress free as possible.



4

APPROPRIATE BEHAVIOUR - give them enough space, proper facilities, company of their own kind, and opportunities to make their own decisions.



5

POSITIVE MENTAL EXPERIENCES - try to eliminate or reduce negative emotional experiences and provide them comfort with positive emotional experiences.





Meet our very own Animal Heroes. In future you'll see a lot more of Carla and the gang – so let's get to know them:



•Meet Carla! Her favourite animal is a cat, and she loves dressing up and pretending she's a purring kitty cat.



•Meet Eshaan! His favourite animal is an elephant, and he loves dressing up as an ellie and flapping his large ears.



Meet Paula –she loves dressing in pink, pretending to be piglet rolling in mud.



•Meet Leroy - he loves putting on his big mane and having a roaring good time.



•Meet Dan-Dan - he loves pretending to be a paw-some pup and bark, roll, nap and sniff his day way.

Did you know lions can eat up to 40kg of meat in one meal?



World Monkey Day

Who lives all over the world, come in all shapes, sizes and colors and is one of our closest relatives? A MONKEY OF COURSE! On 14 December we celebrate these furry family members who are primates just like us. What's a primate you ask? YOU! ME! WE! Primates include monkeys, baboons, apes, lemurs, lorises, as well as us humans.

Let's learn about monkeys:

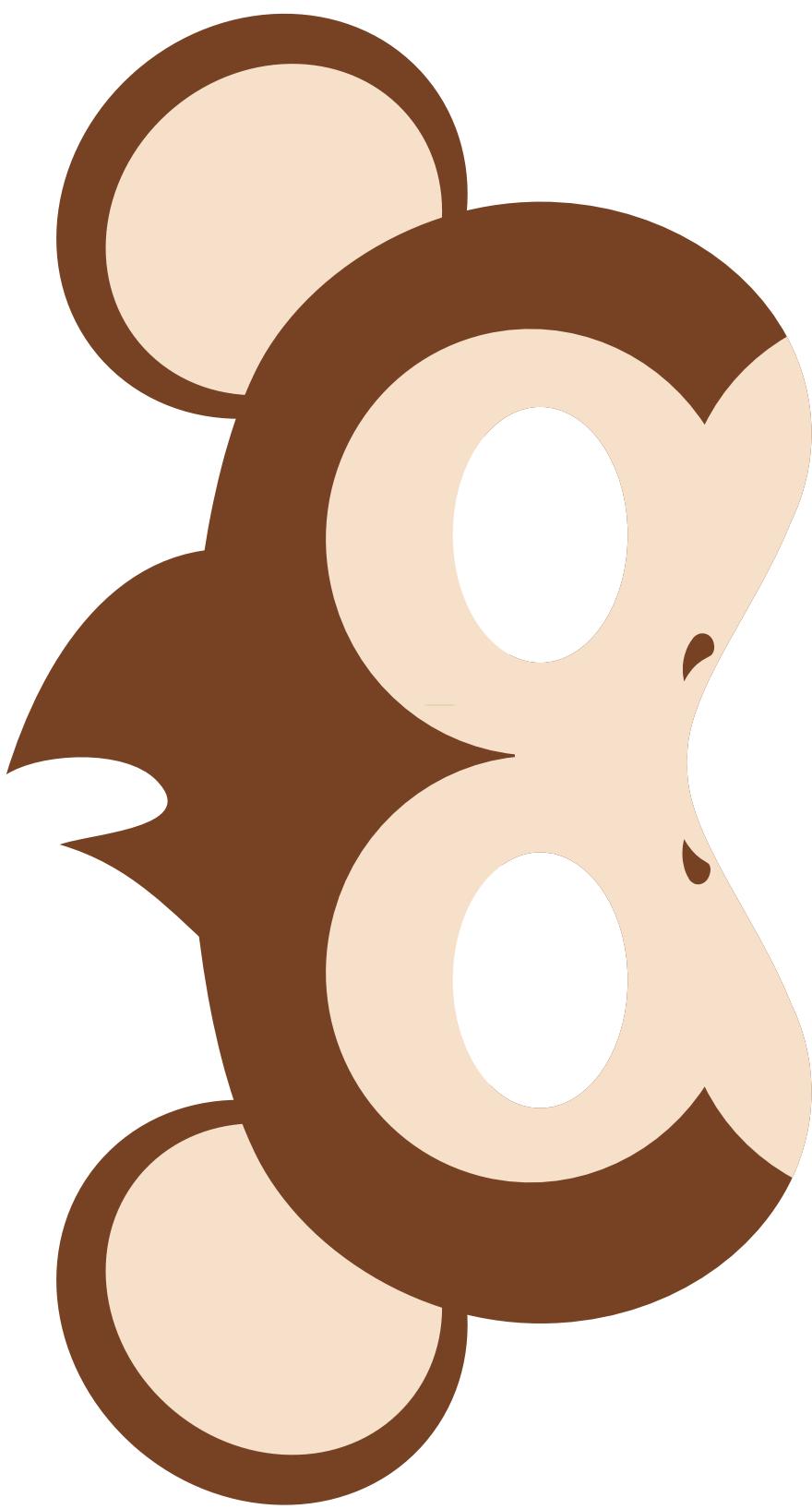
- There are more than 200 different types of monkeys all around the world.
- There are two groups: Old World monkeys that live in Africa and Asia, and New World monkeys that live in South America.
- Monkeys are omnivores which means they eat meat and plant-based foods.
- Most monkeys eat nuts, fruits, seeds and flowers and some eat bird's eggs, small lizards, insects and spiders.
- Mandrills are the world's largest monkeys at up to 95 cm and weighing up to 37 kg.
- Pygmy marmosets are the tiniest monkeys who are about as big as a banana and weigh 100grams.

Sadly, monkeys need our help because many of them are used and abused by humans. Many are stolen in the wild, or bred in captivity. Then they are used in the tourism industry, zoos, and circuses to make money for people. They are also forced to perform, beg for money, even pick coconuts and other kinds of "entertainment". Monkeys are also used for experiments all over the world and bred, traded and sold in the illegal pet trade.

How can you help monkeys?

- Never support people or places who use monkeys to make money.
- Never feed wild monkeys or other primates or give them human food.
- Never own a monkey as a pet, they are not pets!





Mm

monkey



Snack Time

In December we celebrate International Cookie Day and most of us will agree – cookies are the best! Get cooking and make these yummy and animal-friendly cookies with family and friends.

Ingredients

Dry:

2 cups all-purpose flour
1 cup of coconut or brown sugar
1/4 cup of mixed nuts roughly crushed
100 g of dark chocolate roughly crushed
Pinch of salt
1 teaspoon baking soda

Wet:

1/2 cup plus 1 tablespoon coconut oil
1/2 cup of water
1 teaspoon vanilla extract



Instructions:

Preheat oven to 180.

Spray your baking tray.

In a mixing bowl add in all the dry ingredients.

Add in the wet ingredients and mix until you have cookie dough.

Roll about 1 tablespoon of the mixture into balls.

Place onto the baking tray and flatten with a fork or your hand.

Bake in the oven for about 18-22 minutes.

Place on a cooling rack to harden.

Add your #LiveKinder activities to this awesome calendar.
Remember to add our special days.

December 2021

Animal Welfare.
Worldwide.



Monday Tuesday Wednesday Thursday Friday Saturday Sunday



#LIVE
KINDER

We can all #LiveKinder.
Kinder in what we do and they way
we treat animals and the planet.