

Animal Heroes Kids Club

June Activity Pack

Name: _____



World Environment Day

Here at FOUR PAWS we aim to live in harmony with animals. This means bringing an end to cruel practices such as factory farming and adopting climate friendly lifestyles, to make a truly positive impact on our environment and the animals we share it with. What will you and your family do to #LiveKinder and have a positive impact on the environment this month?

“The environment is no one’s property to destroy; it’s everyone’s responsibility to protect” – Mohith Agadi

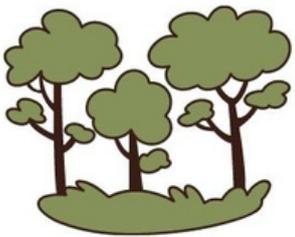
Things we use that are harming our environment:

- Soap and shampoos that are not environmentally friendly. Some contain harmful ingredient like sulfates and fragrances.
- Cleaning products like bleach that are hard on the environment and end up in our water systems.
- Wet wipes that block our pipes and sewers and pollute our water.
- Plastic shopping bags, many end up in the veld and the sea making it dangerous for the environment, animals and people.
- Insect poison sprays [like Doom, Raid etc]

Things we can do to protect our environment:

- If possible, buy eco-friendly / Green/ non-toxic cleaning and toiletry products that are not as hard on the environment.
- Reduce, reuse and recycle if and where possible! So reuse your water or cooldrink bottle, try to buy less things in plastic and more things that come in paper or glass, and recycle your glass bottles.
- Volunteer for clean-ups in your community, or start doing your own community clean-ups, even if its only your street and a few friends.
- Save water where possible and only use what is needed.
- Use reusable shopping bags or backpacks and say no when people or shops offer you a plastic bag.

Together, we can do it!



TREE PLANTING

What are the steps to planting a tree?

Materials Needed



Step 1

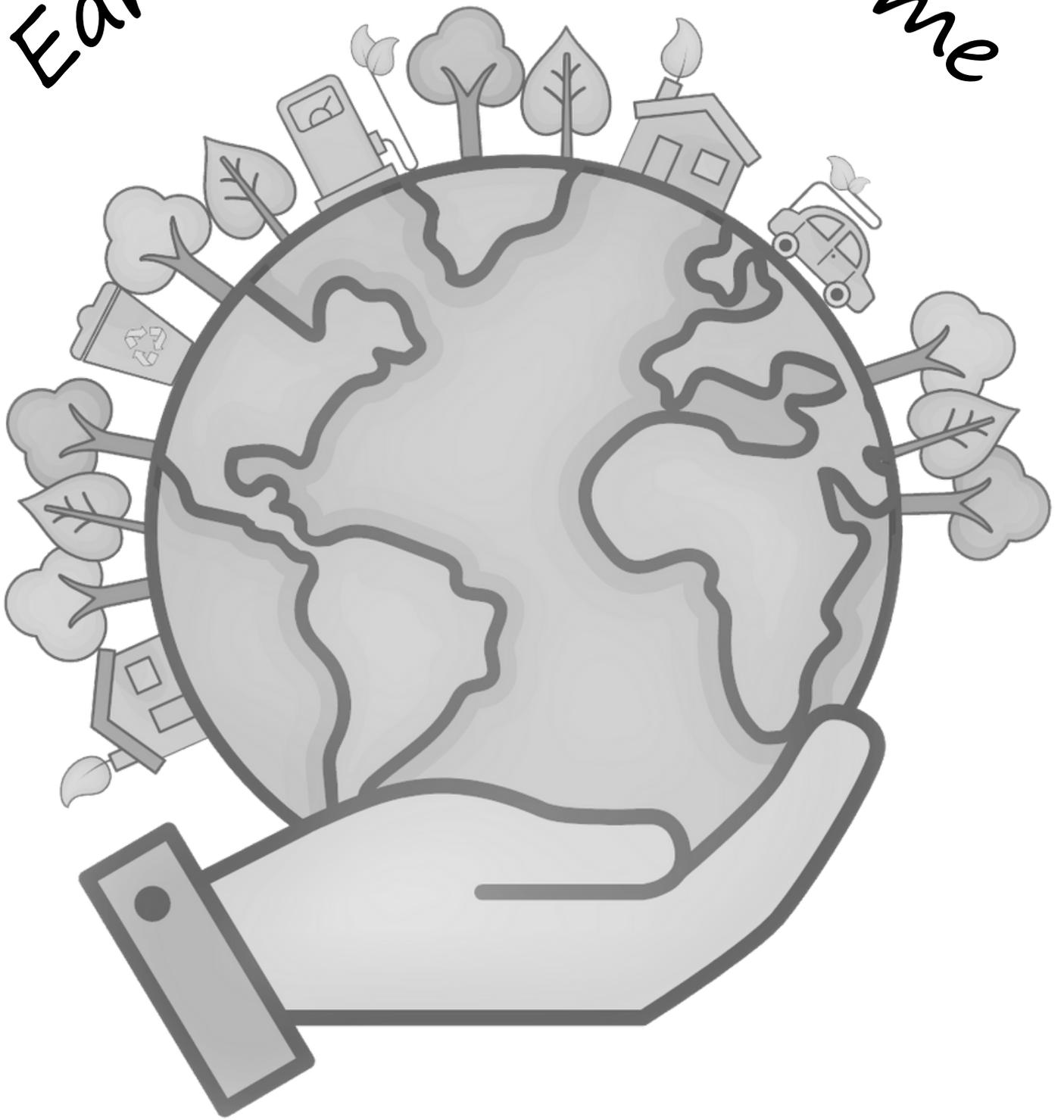
Step 2

Step 3



COLOUR IN

Earth is our only home



WORD SEARCH

A	D	D	N	L	P	I	S	F	E	T	S	I	A
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S	W	O	T	O	E	T	T	B	A	T	L	G	A
E	T	L	U	C	F	C	F	T	T	C	U	S	V
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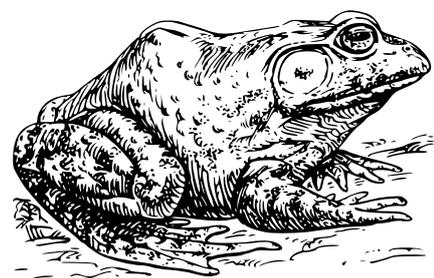
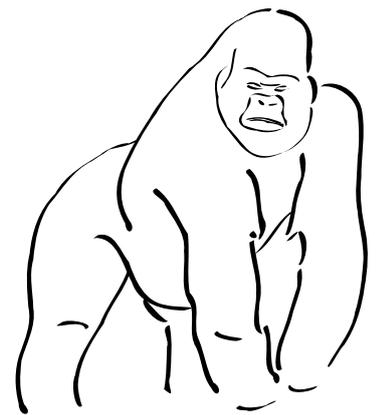
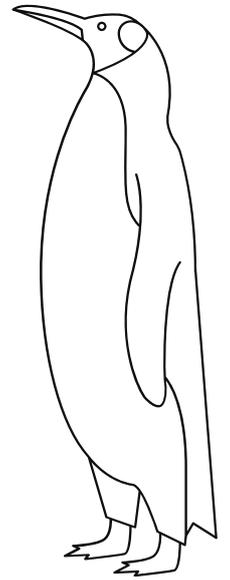
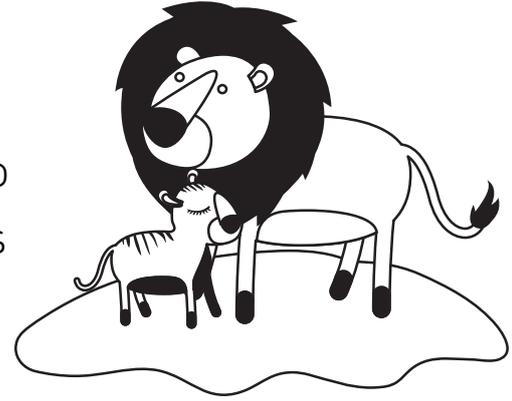
ENDANGERED
TURN OFF
SPECIES
ALUMINIUM
SAVE
HABITAT
WASTE
ICE CAPS
SOLAR
HOLE LAYER
SOURCE
SMOG
FLOOD
PAPER
TAP
LITTER
GARBAGE
EFFECT
FOREST
ENERGY

Play this puzzle online at : <https://thewordsearch.com/puzzle/38536/>

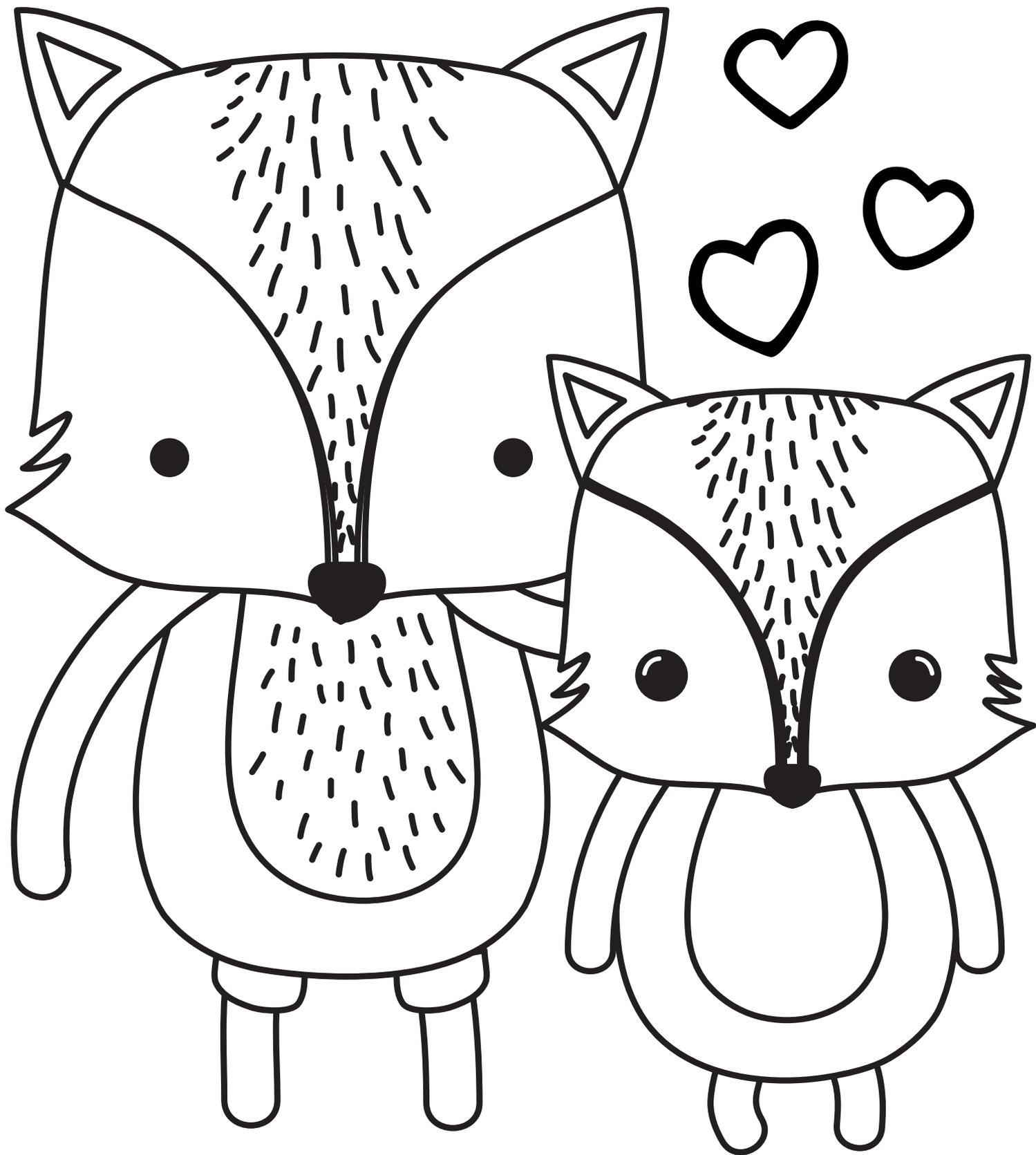
Father's Day

Did you know? In the animal world there are a few great dads who will do anything for their young.

- Male lions will do anything and everything to ensure the safety of his family when there is danger.
- African Wild Dog dads will swallow food and then vomit the soft food out for the babies to eat.
- Dad seahorses are actually the ones who are pregnant and carry the babies until they are born.
- Emperor penguin dads keep their eggs warm and safe for two months while the mom goes looking for food for when the baby gets born.
- Mountain gorilla dads have to defend the moms and children from danger and do so by beating their chests. Their role as dads is also to support and help the babies once they stop drinking from their moms.
- The giant African bullfrog dad swallows the eggs before the babies hatch and keeps them safe there until they are ready to hatch, then he "vomits" up his children when they are ready to be born!



I LOVE YOU DAD!

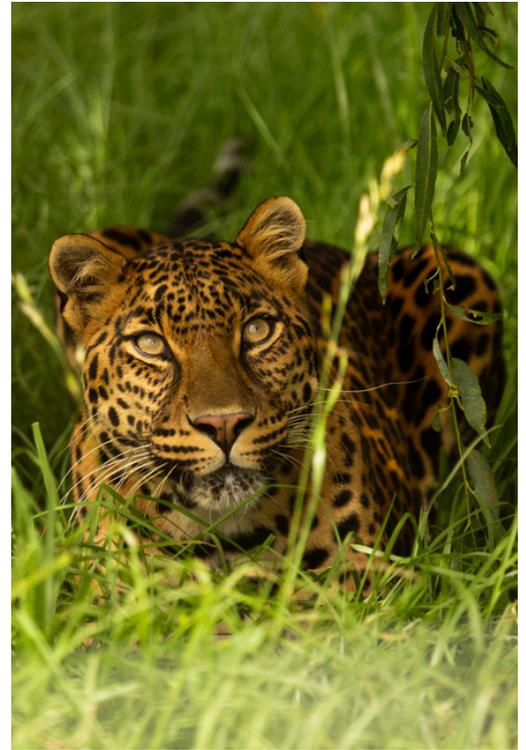


Lots of love: _____

Meet Bakari the Leopard

Life was not always easy for this beautiful leopard. Bakari was originally born in a German zoo in November 2009, where his only purpose was to take pictures with visitors during a Christmas dinner. After the event was over, he was not needed any longer. When he was only 2 months old, he ended up in a rescue centre in the Netherlands. He was locked up in a very small enclosure with barely any distractions and was surrounded by lions: his natural enemies in the wild.

Today Bakari is healthy, happy and living his best life at our LIONSROCK Big Cat Sanctaury and is 11 years old

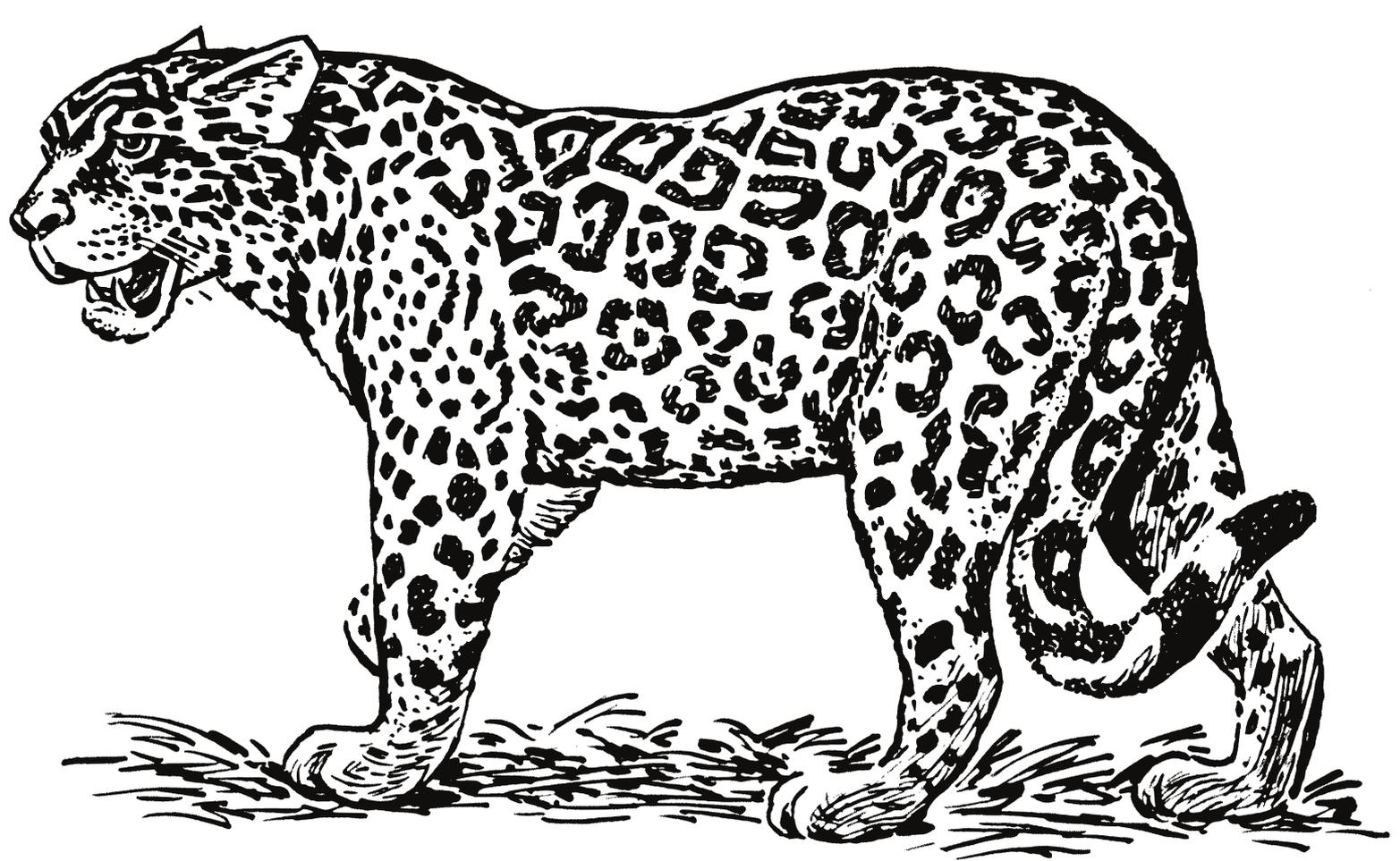
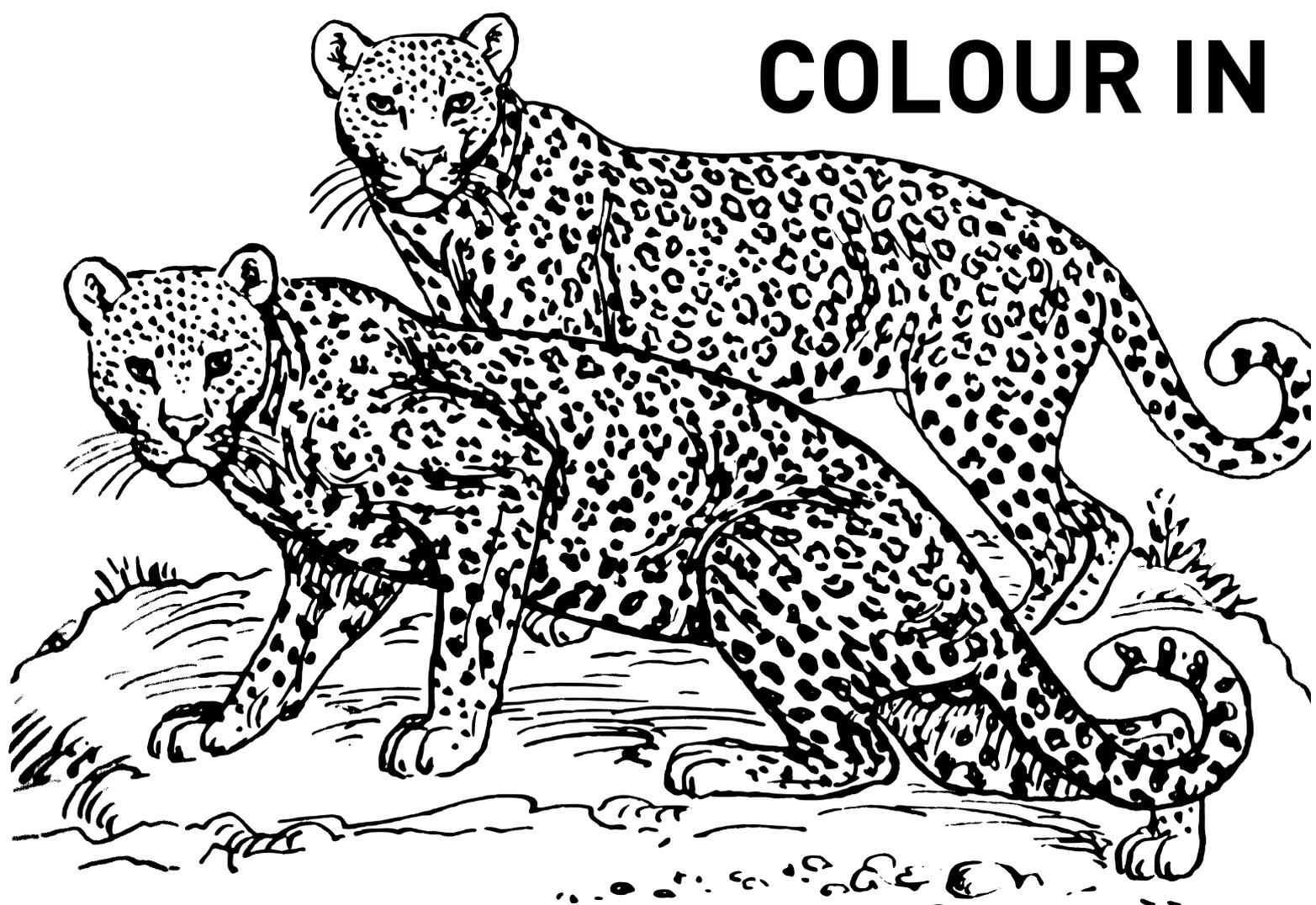


Cool leopard facts:

- Most leopards are a light colour and have dark spots on their fur. These spots are called “rosettes” because they almost look like a rose. Some leopards are also black and their spots are harder to see because their fur is so dark.
- Leopards live in Sub-Saharan Africa, northeast Africa, Central Asia, India and China.
- Leopards are super fast and can run at up to 58km/h! They can also leap up to 6 meters forward in the air!
- Leopards spend most of their time alone but they like it that way.
- They also prefer the night time – meaning they are nocturnal animals - and spend their days resting, and hanging around in the trees.



COLOUR IN



SNACK TIME

VEGAN CHOCOLATE ICE CREAM RECIPE

Serves 2

Take about 15 minutes

YOU WILL NEED A BLENDER OR FOOD PROCESSOR FOR THIS RECIPE.

Ingredients

2 x cups of frozen, sliced bananas (this equals about 2 or 3 bananas depending on their size)

2 ½ good quality cocoa powder

2 tablespoons peanut butter

2 teaspoons vanilla

2 tablespoons mylk (you can use any plant mylk you like, we used soy mylk)

A good pinch of salt

Instructions

Add all your ingredients, except for the mylk, into the blender.

Start blending and add the mylk bit by bit, depending on the consistency you want.

Continue blending until smooth.

You can add a bit of sugar, salt or crumble in some vegan chocolate biscuits to taste. Add a dash of mylk if you feel it needs some help to become smoother or creamier.

Once you have your desired consistency and taste, eat immediately OR place in a freezable container and pop in the freezer for later.

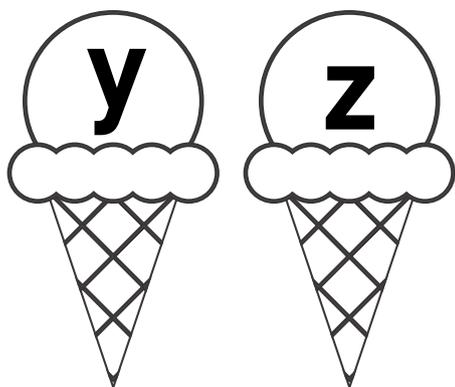
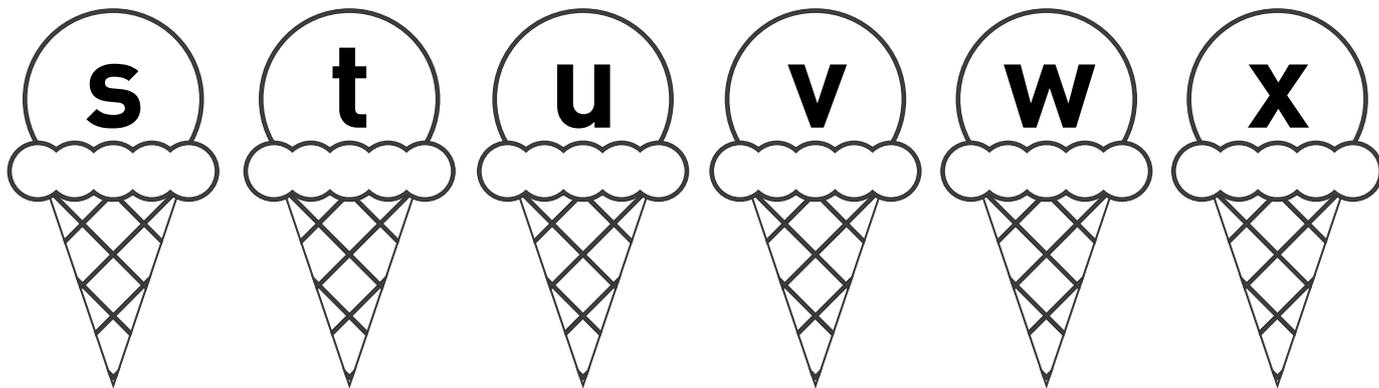
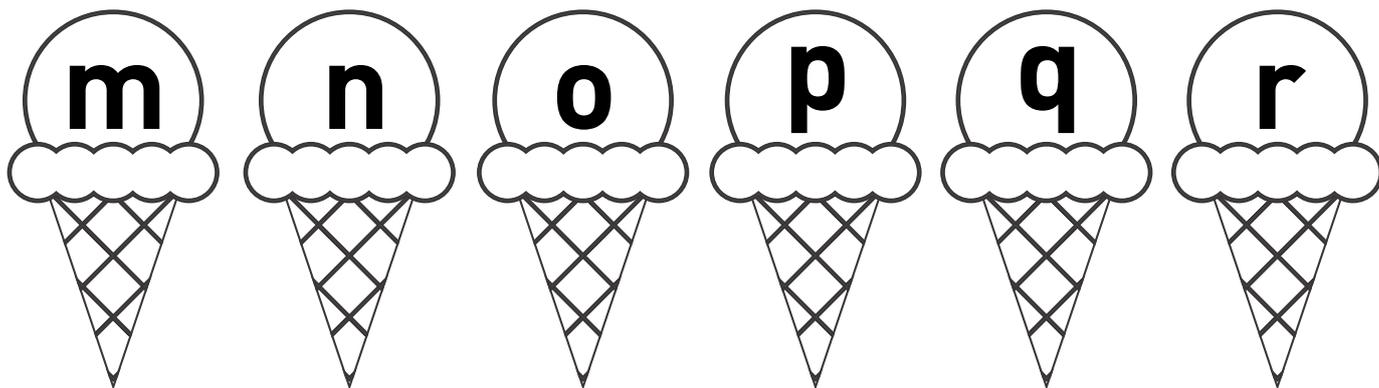
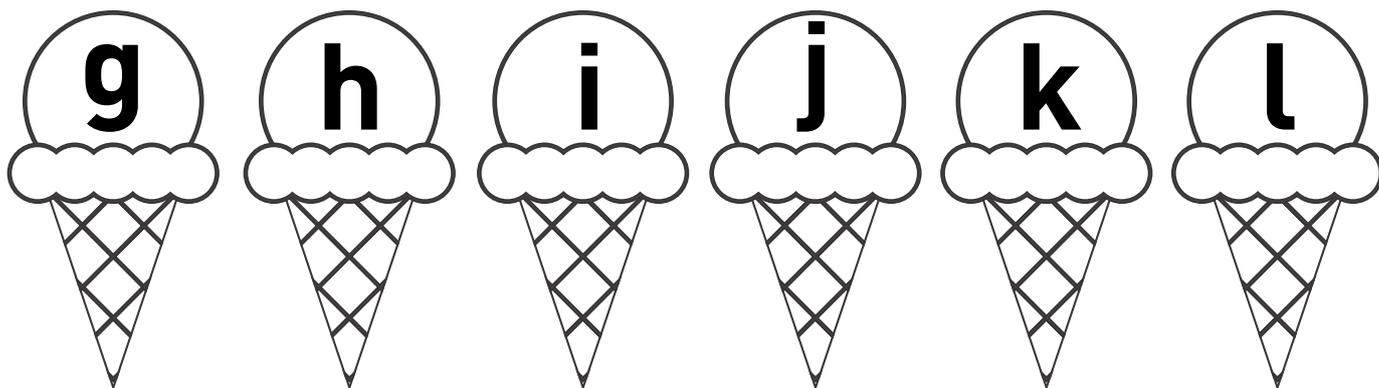
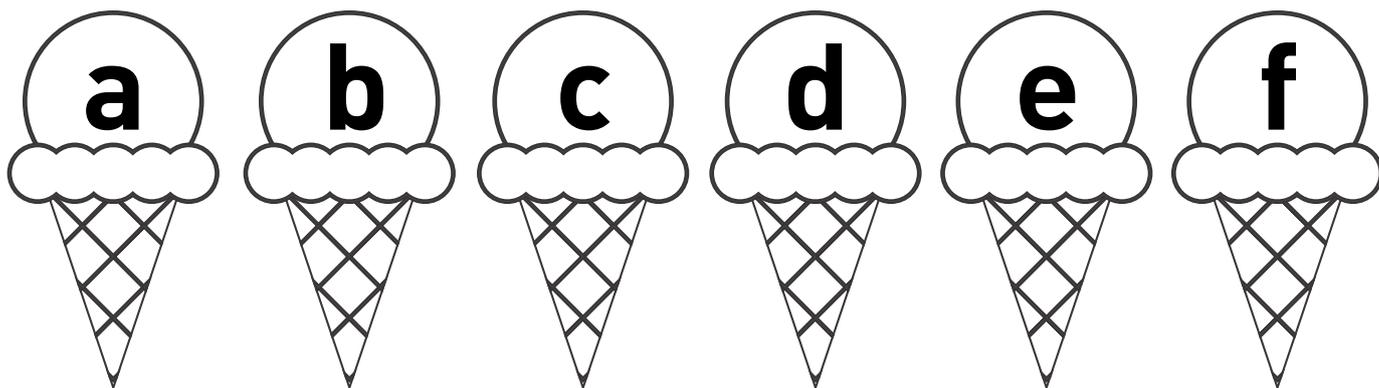
YOU CAN ADD EXTRA SUGAR OR OREO COOKIES, OR ANY VEGAN CHOCOLATE BISCUITS, IF YOU WANT A SWEETER OR MORE CHOCOLATY TASTE.

We added 2 x Oreo biscuits at the end of whizzing process, after tasting mixture and wanting it a bit more chocolatey.

You need frozen slices of banana. Peel, slice and pop your bananas in the freezer a few hours or even day before you plan to whizz up some ice cream. Alternatively, always have a few bananas in your freezer. If you see them going brown, pop in freezer for a sweet treat later in the week. Peeling and slicing a frozen bananas is a bit tricky but doable.



Colour in the cones with the letter of your name.



Now write your name:
